



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Osterhage, Udo

Club: LG Hallerstein-Schwarzenbach/S.

Number: 85

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:34:11

Speed: 13.44 km/h

Running performance: 4:28 min/km

Rank in course/Total: 35 (of 237)

Rank in course/Men: 35 (of 195)

Best time in course: 1:13:26

Rank in category: 9(of 41)

Best time in the category: 1:20:26