



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Laber, Matthias

Club: REHAU AG + Co.
Number: 31

Course: 21.10 km
Halbmarathon

Category:
Männer M30

Total time: 1:34:52

Speed: 13.35 km/h
Running performance: 4:30 min/km

Rank in course/Total: 41 (of 237)

Rank in course/Men: 40 (of 195)

Best time in course: 1:13:26

Rank in category: 7(of 20)

Best time in the category: 1:13:26