



### 3. Park&See-Lauf Hof

Hof / 02.10.2010

#### Detailed evaluation

**Laber, Matthias**

Club: REHAU AG + Co.

Number: 31

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:34:52

Speed: 13.28 km/h

Running performance: 4:30 min/km

Rank in course/Total: 41 (of 237)

Rank in course/Men: 40 (of 195)

Best time in course: 1:13:26

Rank in category: 7(of 20)

Best time in the category: 1:13:26