



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Reifenrath, Peter

Number: 416

Course: 10.00 km
Volkslauf

Category:
Männer M55

Total time: 1:20:14

Speed: 7.48 km/h

Running performance: 8:01 min/km

Rank in course/Total: 178 (of 188)

Rank in course/Men: 108 (of 110)

Best time in course: 42:05

Rank in category: 9(of 9)

Best time in the category: 46:53