



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Zemke, Michael

Club: LG Hallerstein-Schwarzenbach/S.

Number: 76

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:35:25

Speed: 13.21 km/h

Running performance: 4:31 min/km

Rank in course/Total: 44 (of 237)

Rank in course/Men: 43 (of 195)

Best time in course: 1:13:26

Rank in category: 13(of 41)

Best time in the category: 1:20:26