



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Wurst, Alexander

Club: Bamberg

Number: 10

Course: 21.10 km

Halbmarathon

Category:

Männer M20

Total time: 1:35:28

Speed: 13.20 km/h

Running performance: 4:31 min/km

Rank in course/Total: 45 (of 237)

Rank in course/Men: 44 (of 195)

Best time in course: 1:13:26

Rank in category: 11(of 23)

Best time in the category: 1:17:59