



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Dolde, Kerstin

Club: Hof

Number: 239

Course: 10.00 km

Volkslauf

Category:

Frauen W45

Total time: 1:23:12

Speed: 7.21 km/h

Running performance: 8:19 min/km

Rank in course/Total: 182 (of 188)

Rank in course/Women: 73 (of 78)

Best time in course: 44:55

Rank in category: 9(of 9)

Best time in the category: 58:08