



3. Park&See-Lauf Hof  
Hof / 02.10.2010

Detailed evaluation

Hellwig, Klaus-Dieter

Club: TV Münchberg  
Number: 113

Course: 21.10 km  
Halbmarathon

Category:  
Männer M45

Total time: 1:38:46

Speed: 12.76 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 57 (of 237)

Rank in course/Men: 56 (of 195)

Best time in course: 1:13:26

Rank in category: 8(of 38)

Best time in the category: 1:25:21