



### 3. Park&See-Lauf Hof

Hof / 02.10.2010

#### Detailed evaluation

#### Graf, Steffen

Club: IfL Hof

Number: 37

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:39:22

Speed: 12.74 km/h

Running performance: 4:43 min/km

Rank in course/Total: 59 (of 237)

Rank in course/Men: 58 (of 195)

Best time in course: 1:13:26

Rank in category: 10(of 20)

Best time in the category: 1:13:26