



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Wolf, Joachim

Club: TV Stammbach

Number: 153

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 1:40:02

Speed: 12.60 km/h

Running performance: 4:44 min/km

Rank in course/Total: 60 (of 237)

Rank in course/Men: 59 (of 195)

Best time in course: 1:13:26

Rank in category: 3(of 20)

Best time in the category: 1:33:12