



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Podracky, Vladislav

Club: AK Sokolov

Number: 44

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:40:09

Speed: 12.58 km/h

Running performance: 4:45 min/km

Rank in course/Total: 61 (of 237)

Rank in course/Men: 60 (of 195)

Best time in course: 1:13:26

Rank in category: 10(of 23)

Best time in the category: 1:22:50