



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Lautenschläger, Thomas

Club: Viessmann kool runnings
Number: 384

Course: 10.00 km
Volkslauf

Category:
Männer M35

Total time: 50:17

Speed: 11.93 km/h
Running performance: 5:02 min/km

Rank in course/Total: 25 (of 188)

Rank in course/Men: 21 (of 110)

Best time in course: 42:05

Rank in category: 5(of 17)

Best time in the category: 42:08