



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Hollmann, Christian

Club: REHAU AG + Co.

Number: 70

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 1:26:57

Speed: 6.90 km/h

Running performance: 8:42 min/km

Rank in course/Total: 184 (of 188)

Rank in course/Men: 110 (of 110)

Best time in course: 42:05

Rank in category: 18(of 18)

Best time in the category: 49:00