



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Pohl, Thekla

Club: Hof

Number: 462

Course: 10.00 km

Volkslauf

Category:

Frauen W40

Total time: 1:27:37

Speed: 6.85 km/h

Running performance: 8:46 min/km

Rank in course/Total: 185 (of 188)

Rank in course/Women: 75 (of 78)

Best time in course: 44:55

Rank in category: 15(of 15)

Best time in the category: 51:05