



### 3. Park&See-Lauf Hof

Hof / 02.10.2010

#### Detailed evaluation

**Tschakert, Roman**

Club: Da renna rara

Number: 275

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:44:43

Speed: 12.09 km/h

Running performance: 4:58 min/km

Rank in course/Total: 83 (of 237)

Rank in course/Men: 80 (of 195)

Best time in course: 1:13:26

Rank in category: 19(of 41)

Best time in the category: 1:20:26