



### 3. Park&See-Lauf Hof

Hof / 02.10.2010

#### Detailed evaluation

Schimmel, Oswald

Club: Marktschorgast

Number: 123

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:45:49

Speed: 11.91 km/h

Running performance: 5:01 min/km

Rank in course/Total: 90 (of 237)

Rank in course/Men: 87 (of 195)

Best time in course: 1:13:26

Rank in category: 16(of 38)

Best time in the category: 1:25:21