



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Beckstein, Ewald

Club: SGB Stadtsteinach

Number: 163

Course: 21.10 km

Halbmarathon

Category:

Männer M55

Total time: 1:47:46

Speed: 11.69 km/h

Running performance: 5:07 min/km

Rank in course/Total: 98 (of 237)

Rank in course/Men: 95 (of 195)

Best time in course: 1:13:26

Rank in category: 4(of 16)

Best time in the category: 1:38:17