



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Albert, Norbert

Club: BSC Tauperlitz

Number: 61

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:49:43

Speed: 11.54 km/h

Running performance: 5:12 min/km

Rank in course/Total: 106 (of 237)

Rank in course/Men: 102 (of 195)

Best time in course: 1:13:26

Rank in category: 23(of 41)

Best time in the category: 1:20:26