



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Biel, Bine

Club: IfL Hof

Number: 204

Course: 21.10 km

Halbmarathon

Category:

Frauen W40

Total time: 1:49:58

Speed: 11.46 km/h

Running performance: 5:13 min/km

Rank in course/Total: 108 (of 237)

Rank in course/Women: 6 (of 42)

Best time in course: 1:34:36

Rank in category: 2(of 9)

Best time in the category: 1:41:56