



3. Park&See-Lauf Hof  
Hof / 02.10.2010

Detailed evaluation

**Bernhuber, Bernd**

Club: LG Hof  
Number: 312

Course: 10.00 km  
Volkslauf

Category:  
Männer M35

Total time: 42:31

Speed: 14.11 km/h  
Running performance: 4:15 min/km

Rank in course/Total: 3 (of 188)

Rank in course/Men: 3 (of 110)

Best time in course: 42:05

Rank in category: 2(of 17)

Best time in the category: 42:08