



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Jankowski, Christian

Club: RC Pfeil Hof
Number: 20

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:52:23

Speed: 11.21 km/h
Running performance: 5:20 min/km

Rank in course/Total: 117 (of 237)

Rank in course/Men: 111 (of 195)

Best time in course: 1:13:26

Rank in category: 19(of 23)

Best time in the category: 1:17:59