



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Hermann, Lisa

Club: SGB Stadtsteinach
Number: 208

Course: 21.10 km
Halbmarathon

Category:
Frauen W40

Total time: 1:52:47

Speed: 11.17 km/h
Running performance: 5:21 min/km

Rank in course/Total: 119 (of 237)

Rank in course/Women: 7 (of 42)

Best time in course: 1:34:36

Rank in category: 3(of 9)

Best time in the category: 1:41:56