



3. Park&See-Lauf Hof  
Hof / 02.10.2010

Detailed evaluation

Friedrich, Jürgen

Club: IfL Frankenwald  
Number: 71

Course: 21.10 km  
Halbmarathon

Category:  
Männer M40

Total time: 1:52:59

Speed: 11.15 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 122 (of 237)

Rank in course/Men: 115 (of 195)

Best time in course: 1:13:26

Rank in category: 27(of 41)

Best time in the category: 1:20:26