



### 3. Park&See-Lauf Hof

Hof / 02.10.2010

#### Detailed evaluation

**Michel, Stefan**

Club: IfL Frankenwald

Number: 46

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:52:59

Speed: 11.15 km/h

Running performance: 5:21 min/km

Rank in course/Total: 123 (of 237)

Rank in course/Men: 116 (of 195)

Best time in course: 1:13:26

Rank in category: 18(of 23)

Best time in the category: 1:22:50