



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Brendel, Uwe

Club: Laufftreff Burghaig

Number: 302

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 1:53:23

Speed: 11.11 km/h

Running performance: 5:22 min/km

Rank in course/Total: 126 (of 237)

Rank in course/Men: 119 (of 195)

Best time in course: 1:13:26

Rank in category: 8(of 20)

Best time in the category: 1:33:12