



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Binder, Monja

Club: Tirschenreuth
Number: 260

Course: 21.10 km
Halbmarathon

Category:
Frauen W30

Total time: 1:53:45

Speed: 11.13 km/h
Running performance: 5:23 min/km

Rank in course/Total: 130 (of 237)

Rank in course/Women: 8 (of 42)

Best time in course: 1:34:36

Rank in category: 1(of 5)

Best time in the category: 1:53:45