



3. Park&See-Lauf Hof  
Hof / 02.10.2010

## Detailed evaluation

**Konopka, Günter**

Club: Schwarzenbach Saale  
Number: 303

Course: 21.10 km  
Halbmarathon

Category:  
Männer M45

Total time: 1:54:13

Speed: 11.08 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 134 (of 237)

Rank in course/Men: 126 (of 195)

Best time in course: 1:13:26

Rank in category: 25(of 38)

Best time in the category: 1:25:21