



### 3. Park&See-Lauf Hof

Hof / 02.10.2010

#### Detailed evaluation

**Kaufherr, Helga**

Club: SGB Stadtsteinach

Number: 90

Course: 21.10 km

Halbmarathon

Category:

Frauen W45

Total time: 1:54:32

Speed: 11.05 km/h

Running performance: 5:26 min/km

Rank in course/Total: 138 (of 237)

Rank in course/Women: 9 (of 42)

Best time in course: 1:34:36

Rank in category: 2(of 7)

Best time in the category: 1:49:56