



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Mildner, Uwe

Club: Interessengem Marxgruener Läufer
Number: 244

Course: 21.10 km
Halbmarathon

Category:
Männer M50

Total time: 1:54:36

Speed: 10.99 km/h
Running performance: 5:26 min/km

Rank in course/Total: 139 (of 237)

Rank in course/Men: 130 (of 195)

Best time in course: 1:13:26

Rank in category: 11(of 20)

Best time in the category: 1:33:12