



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Rogler, Rolf

Club: REHAU AG + Co.
Number: 392

Course: 10.00 km
Volkslauf

Category:
Männer M40

Total time: 51:27

Speed: 11.66 km/h
Running performance: 5:08 min/km

Rank in course/Total: 33 (of 188)

Rank in course/Men: 28 (of 110)

Best time in course: 42:05

Rank in category: 4(of 18)

Best time in the category: 49:00