



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Knappe, Stephan

Club: LG Hof
Number: 148

Course: 21.10 km
Halbmarathon

Category:
Männer M50

Total time: 1:55:31

Speed: 10.96 km/h
Running performance: 5:28 min/km

Rank in course/Total: 145 (of 237)

Rank in course/Men: 133 (of 195)

Best time in course: 1:13:26

Rank in category: 12(of 20)

Best time in the category: 1:33:12