



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Vogler, Rainer

Club: REHAU AG + Co.

Number: 409

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 51:35

Speed: 11.63 km/h

Running performance: 5:10 min/km

Rank in course/Total: 34 (of 188)

Rank in course/Men: 29 (of 110)

Best time in course: 42:05

Rank in category: 5(of 11)

Best time in the category: 46:39