



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Sieg, Josef

Club: REHAU AG + Co.
Number: 159

Course: 21.10 km
Halbmarathon

Category:
Männer M55

Total time: 1:57:29

Speed: 10.78 km/h
Running performance: 5:34 min/km

Rank in course/Total: 154 (of 237)

Rank in course/Men: 140 (of 195)

Best time in course: 1:13:26

Rank in category: 8(of 16)

Best time in the category: 1:38:17