



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Rosenberger, Bernd

Club: Sperian Fall Protection

Number: 248

Course: 10.00 km

Volkslauf

Category:

Männer M35

Total time: 51:35

Speed: 11.63 km/h

Running performance: 5:10 min/km

Rank in course/Total: 35 (of 188)

Rank in course/Men: 30 (of 110)

Best time in course: 42:05

Rank in category: 6(of 17)

Best time in the category: 42:08