



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Pöhlmann, Horst

Club: TSV 1861 Hof
Number: 156

Course: 21.10 km
Halbmarathon

Category:
Männer M55

Total time: 1:59:29

Speed: 10.55 km/h
Running performance: 5:40 min/km

Rank in course/Total: 167 (of 237)

Rank in course/Men: 150 (of 195)

Best time in course: 1:13:26

Rank in category: 10(of 16)

Best time in the category: 1:38:17