



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Klug, Helga

Club: IfL Hof
Number: 218

Course: 21.10 km
Halbmarathon

Category:
Frauen W50

Total time: 1:59:30

Speed: 10.59 km/h
Running performance: 5:40 min/km

Rank in course/Total: 168 (of 237)

Rank in course/Women: 18 (of 42)

Best time in course: 1:34:36

Rank in category: 2(of 5)

Best time in the category: 1:57:09