



### 3. Park&See-Lauf Hof

Hof / 02.10.2010

#### Detailed evaluation

Schönberger, Udo

Club: TV Münchberg

Number: 79

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 2:00:15

Speed: 10.48 km/h

Running performance: 5:42 min/km

Rank in course/Total: 169 (of 237)

Rank in course/Men: 151 (of 195)

Best time in course: 1:13:26

Rank in category: 32(of 41)

Best time in the category: 1:20:26