



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Jung, Falko

Club: WSV Naila

Number: 240

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 2:01:50

Speed: 10.34 km/h

Running performance: 5:46 min/km

Rank in course/Total: 173 (of 237)

Rank in course/Men: 152 (of 195)

Best time in course: 1:13:26

Rank in category: 29(of 38)

Best time in the category: 1:25:21