



3. Park&See-Lauf Hof  
Hof / 02.10.2010

Detailed evaluation

Hain, Stephan

Club: IfL Frankenwald  
Number: 149

Course: 21.10 km  
Halbmarathon

Category:  
Männer M50

Total time: 2:05:01

Speed: 10.08 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 184 (of 237)

Rank in course/Men: 161 (of 195)

Best time in course: 1:13:26

Rank in category: 15(of 20)

Best time in the category: 1:33:12