



3. Park&See-Lauf Hof  
Hof / 02.10.2010

Detailed evaluation

Deeg, Heidrun

Club: Plauen  
Number: 222

Course: 21.10 km  
Halbmarathon

Category:  
Frauen W50

Total time: 2:10:40

Speed: 9.64 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 207 (of 237)

Rank in course/Women: 32 (of 42)

Best time in course: 1:34:36

Rank in category: 4(of 5)

Best time in the category: 1:57:09