



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Azzeddine, Armir

Club: Selb

Number: 249

Course: 10.00 km

Volkslauf

Category:

Männer M20

Total time: 44:14

Speed: 13.56 km/h

Running performance: 4:25 min/km

Rank in course/Total: 4 (of 188)

Rank in course/Men: 4 (of 110)

Best time in course: 42:05

Rank in category: 2(of 13)

Best time in the category: 42:05