



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Kaiser, Jürgen

Club: IFL Hof
Number: 417

Course: 10.00 km
Volkslauf

Category:
Männer M55

Total time: 53:09

Speed: 11.29 km/h
Running performance: 5:19 min/km

Rank in course/Total: 40 (of 188)

Rank in course/Men: 35 (of 110)

Best time in course: 42:05

Rank in category: 2(of 9)

Best time in the category: 46:53