



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Kuenzel, Jens

Club: Naturfreunde Plauen e.V.
Number: 258

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 2:13:00

Speed: 9.52 km/h
Running performance: 6:18 min/km

Rank in course/Total: 212 (of 237)

Rank in course/Men: 179 (of 195)

Best time in course: 1:13:26

Rank in category: 34(of 38)

Best time in the category: 1:25:21