



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Koschel, Ingrid

Club: LG Hallerstein-Schwarzenbach/S.

Number: 220

Course: 21.10 km

Halbmarathon

Category:

Frauen W50

Total time: 2:15:57

Speed: 9.31 km/h

Running performance: 6:26 min/km

Rank in course/Total: 218 (of 237)

Rank in course/Women: 35 (of 42)

Best time in course: 1:34:36

Rank in category: 5(of 5)

Best time in the category: 1:57:09