



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Timm, Stefan

Club: SG Regnitzlosau
Number: 295

Course: 10.00 km
Volkslauf

Category:
Männer M20

Total time: 53:11

Speed: 11.28 km/h
Running performance: 5:19 min/km

Rank in course/Total: 41 (of 188)

Rank in course/Men: 36 (of 110)

Best time in course: 42:05

Rank in category: 4(of 13)

Best time in the category: 42:05