



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Hildebrand, Bernd

Club: ILG Konradsreuth

Number: 173

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 2:17:21

Speed: 9.17 km/h

Running performance: 6:31 min/km

Rank in course/Total: 223 (of 237)

Rank in course/Men: 187 (of 195)

Best time in course: 1:13:26

Rank in category: 41(of 41)

Best time in the category: 1:20:26