



3. Park&See-Lauf Hof Hof / 02.10.2010

Detailed evaluation

Krause, Bernd

Club: TSV Oelsnitz

Number: 418

Course: 10.00 km

Volkslauf

Category:

Männer M55

Total time: 54:42

Speed: 10.97 km/h

Running performance: 5:28 min/km

Rank in course/Total: 50 (of 188)

Rank in course/Men: 42 (of 110)

Best time in course: 42:05

Rank in category: 3(of 9)

Best time in the category: 46:53