



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Christian, Jürgen

Club: Oberkotzau
Number: 395

Course: 10.00 km
Volkslauf

Category:
Männer M40

Total time: 54:57

Speed: 10.92 km/h
Running performance: 5:30 min/km

Rank in course/Total: 52 (of 188)

Rank in course/Men: 44 (of 110)

Best time in course: 42:05

Rank in category: 10(of 18)

Best time in the category: 49:00