



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Lauterbach, Cordula

Club: Grafengehaig
Number: 437

Course: 10.00 km
Volkslauf

Category:
Frauen W20

Total time: 55:26

Speed: 10.82 km/h
Running performance: 5:32 min/km

Rank in course/Total: 58 (of 188)

Rank in course/Women: 11 (of 78)

Best time in course: 44:55

Rank in category: 4(of 12)

Best time in the category: 44:55