



3. Park&See-Lauf Hof  
Hof / 02.10.2010

Detailed evaluation

Erth, Martina

Club: Reitclub Rehau-Frankenhof  
Number: 482

Course: 10.00 km  
Volkslauf

Category:  
Frauen W50

Total time: 56:22

Speed: 10.64 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 62 (of 188)  
Rank in course/Women: 14 (of 78)  
Best time in course: 44:55

Rank in category: 1(of 4)  
Best time in the category: 56:22