



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Degel, Michael

Club: IfL Hof

Number: 380

Course: 10.00 km

Volkslauf

Category:

Männer M35

Total time: 57:33

Speed: 10.43 km/h

Running performance: 5:46 min/km

Rank in course/Total: 73 (of 188)

Rank in course/Men: 56 (of 110)

Best time in course: 42:05

Rank in category: 10(of 17)

Best time in the category: 42:08